



KEY PLAYERS! Youth and Active Lifestyle in Europe TRAMES[©]

International Seminar Youth Exchanges

12-19 April, Italy 2012

Time	DAY 1 THURSDAY 12 April	DAY 2 FRIDAY 13 April ITALY/KP	DAY 3 SATURDAY 14 April PORTUGAL/ITALY	DAY 4 SUNDAY 15 April AUSTRIA	DAY 5 MONDAY 16 April SWEDEN	DAY 6 TUESDAY 17 April NETHERLAND/KP	DAY 7 WEDNESDAY 18 April BULGARIA/KP	DAY 8 THURSDAY 19 April	
8.00	Arrival Welcome	30 minutes physical activity	120 minutes physical activity Callegari School		30 minutes physical activity	30 minutes physical activity	30 minutes physical activity	30 minutes physical activity	
8.30		Breakfast	7.20-7.45 Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	
9.15		Context of the seminar, aims and objectives, practical info and programme	8.00-10.00 Gymnasium Recap of yesterday	9.30 Transfer by local public bus to Punta Marina beach Gym	Changing roles Games rules : how to involve inactive youth?	Recap of yesterday 9.30-11.50 Gymnasium	Recap of yesterday Share experience Creating a plan to achieve your goal	Departure	
11.00		<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>	<i>Coffee Break</i>		
11.30		Getting to know unknown organisations Expectation	Exploring own skills & competences YOUTH programme Youth Exchanges	Motivation and role plays Getting to know, building the relationship	Brainstorm to identifying needs & competences	Brainstorm to youth participation 12.00 Workshop: Youth and Active Lifestyle	Key Players! Action planning: what will you do back home?		
13.00		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch		
15.00		Sharing experiences: games rules for Key Players	Workshop CSI-IT: Improving youth participation	Free afternoon 18.30 Transfer by local public bus to Ravenna	Outdoor activities Gymnasium	Outdoor activities Gymnasium	YOUTH programme Youth Networking Gymnasium		
16.30		<i>Coffee break</i>	<i>Coffee break</i>		<i>Coffee break</i>	<i>Coffee break</i>	<i>Coffee Break</i>		<i>Coffee Break</i>
17.00		Cross cultural awareness Youth School Exhibition	Introduction to inclusive process: how to involve "special needs" youth?		Supporting youth: methods and deafness tools	Evaluation and proposal	Seminar Evaluation: involving method		
18.30		Recap of the day Evening News	Recap of the day Evening News		Recap of the day Evening News	Recap of the day Evening News	Recap of the day Evening News		Key Players! how to keep the network alive?
19.45	Dinner	Dinner	Dinner	Dinner in the city	Dinner	Dinner	Dinner		
21.00	Welcome Evening	Intercultural Evening – sharing	Social activities in the city	Free Evening	Teambuilding or sport activities	Farewell party (PT depart)	Sightseeing trip (free)		